

# THE HOLY SPIRIT

*Our Helper*



'And I will pray the Father, and He will give you another Helper, that He may abide with you forever— ' John 14:16

'Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you.' John 16:7

When Jesus concluded His earthly ministry, He promised to send us a Helper – The Holy Spirit. The Holy Spirit's assignment is important because it's through His ministry that Jesus entrusted the continuity of His work to believers not because we have the capacity on our own, but through His help.

As the Holy Spirit's help is so vital to our journey, then we must understand what He helps us with. Most times we think of Him in terms of helping us pray, but there is so much more to Him and His role in our lives. This series we are diving into some of the ways the Holy Spirit helps believers to be all Jesus desires us to be.

## **Day 1**

### **Our Guide Into Truth**

“When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future.” John 16:13

The Holy Spirit guides us into all truth, which means the Holy Spirit guides us into the truth of whatever situation we're in, whatever stage of life we may be, whatever may be going on around us. When we know the truth, we become less dependent on external factors and grow in our dependence on the Holy Spirit's guidance.

“Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father except through Me.” John 14:6

“And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth” John 1:14

Jesus Himself told us He is the truth, which means that we need the Holy Spirit to guide us into knowing who Jesus really is. We may read about Jesus, hear others tell us about Him, perhaps even talk about Him to others, but without the help of the Holy Spirit we can never really know Him from an experiential perspective. Part of the Holy Spirit's assignment is to make Jesus real to us. This is critical because until Jesus is real to us on a personal level, we will function at a superficial level and miss out on the depths available in Him.

“Make them holy by your truth; teach them your word, which is truth.” John 17:17

The Holy Spirit reveals the word of God to us. It's one thing to read the Bible and another to receive a revelation about certain scripture. Have you noticed that sometimes when you're reading your Bible some verses seem to jump out at you? That's the Holy Spirit at work bringing the word of God to life to our spirit. This is why even though the text of the Bible was written thousands of years ago, the power of the Holy Spirit makes it current in our lives. It's this revealed word that we hold on to and speak that form the reality we want to see.

“Your word is a lamp to guide my feet and a light for my path.” Psalms 119:105

Our depth of revelation of God's word also preserves us from deception and confusion as the truth of His word directs us and provides illumination for areas of confusion. Which means we need the Holy Spirit to walk in clarity and accuracy.

**Prayer:** Lord I thank You for the gift of the Holy Spirit and trust Him to guide me into all truth

## Day 2

### Revealer of God's Thoughts

'But it was to us that God revealed these things by his Spirit. For his Spirit searches out everything and shows us God's deep secrets. No one can know a person's thoughts except that person's own spirit, and no one can know God's thoughts except God's own Spirit.' 1 Corinthians 2:10-11

God's kingdom is very organised and structured so there's always a kingdom agenda for each season. Whenever we see things going on whether to us specifically or to the world at large, it helps to put these activities in the context of God's thoughts so we have the right perspective. The Bible tells us that the Holy Spirit knows God's thoughts and not only that, He also reveals them to us.

"For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope." Jeremiah 29:11

Have you ever wondered what God is thinking about a particular situation? He has a view about everything that is going on right now and will happen in the future, but if we don't seek His view then we will walk in assumption. This is where the Holy Spirit comes in to reveal God's thoughts to us. As we pray and ask Him to reveal the Father's thoughts to us, He searches God's thoughts and brings to us the specific area we're requesting for clarity on. As we walk closer with the Holy Spirit, He consistently reveals what God's perspective is and this helps us make amends where we may have gone astray, and also helps us position accurately for things that are to come.

'For, "Who can know the Lord's thoughts?... But we understand these things, for we have the mind of Christ.' 1 Corinthians 2:16

"My thoughts are nothing like your thoughts," says the Lord. "And my ways are far beyond anything you could imagine. For just as the heavens are higher than the earth, so my ways are higher than your ways and my thoughts higher than your thoughts" Isaiah 55:8-9

Remember God's ways are higher than ours, so revealing His thoughts alone without bringing the requisite understanding could leave us confused. The Holy Spirit has the capacity to not just reveal God's thoughts but also to distill them in a manner that we can understand. He opens up our spirit and mind so we can understand what God is saying or doing and what is required of us in response. Without the help of the Holy Spirit we will misunderstand the Lord and His plans/purpose.

**Prayer:** Holy Spirit please reveal God's thoughts concerning (mention the area) to me and help me understand what He's saying or doing.

### Day 3

#### Revealer of the Future

'When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future.' John 16:13

The future is not a secret to God, He knows exactly what is to come. He doesn't want us to be in the dark about this because as believers, we are meant to be His representatives here on earth ensuring that His will is done. If we don't know what's going to happen we won't be adequately prepared and won't be effective in partnering with the Lord to ensure His kingdom comes and will is done here on earth. This is why the Holy Spirit reveals the future to us, using whichever method He deems best.

'Ask me and I will tell you remarkable secrets you do not know about things to come.' Jeremiah 33:3

It's God's desire that we have clarity on what is to come for two main reasons. First is that this part of life will come to an end for everyone at some point, signalling the transition to eternity. What eternity will look like for each of us depends on what we do with our time here on earth. When we know what is to come even on this side of time - whether in our personal lives or at a larger scale, pleasant or otherwise - we know in advance what God is doing and can therefore allow the Holy Spirit to position us in the centre of His will so that we focus on what will have eternal value. We know that He's working all things together for good because we've caught a glimpse of what the future holds.

"From the tribe of Issachar, there were 200 leaders of the tribe with their relatives. All these men understood the signs of the times and knew the best course for Israel to take." 1 Chronicles 12:32

"I will instruct you and teach you in the way you should go; I will guide you with My eye." Psalms 32:8

Secondly the knowledge of the future is also vital to victory on earth. The Holy Spirit arms us with supernatural insight of what is to come, equipping us to avoid the traps set up for us by the enemy, and take advantage of the opportunities He creates for us to walk in dominion. We will always have options set before us, but knowing what the future holds helps us align with the best option regardless of what the current state looks like. This helps us be very intentional about our journey with the Lord and our assignment.

**Prayer:** Holy Spirit thank You for revealing the future to me. Help me heed Your guidance as You lead me along the best pathway for my life.

## **Day 4**

### **Helper in our Weakness**

“And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.” Romans 8:26

We definitely need the Holy Spirit’s help in prayer, but this is just an example of the many ways He helps us as His impact extends into various areas beyond prayer alone. We all have inherent weaknesses in one area or another, especially when it comes to living in a manner that pleases the Lord. So on a daily basis, we position ourselves for success with God by consistently seeking the Holy Spirit’s help as there are some things that will never happen in our strength alone.

“This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin.” Hebrews 4:15

“Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me... For when I am weak then I am strong.” 2 Corinthians 12:9-10

During His earthly ministry Jesus saw first hand the limitations of mankind and the various challenges we would face. This is why He sent the Holy Spirit to us to help us face those challenges. The Holy Spirit doesn’t hold our weaknesses against us, rather if we let Him, He brings the supernatural strength we require in each situation. As we live life in a daily basis we have a choice to either depend on ourselves (our experience, intellect, social circles, economic standing, etc) to help us when we’re weak or we can intentionally and consciously ask the Holy Spirit to help us. The choice is always ours because the Holy Spirit will never impose Himself on us

When we acknowledge our weakness and ask for His help, the Holy Spirit superimposes His strength in the situation, whatever it may be: transformation, resources, wisdom, direction, comfort, forgiveness, productivity, etc. He’s not limited in anyway in the weakness He can help us with, no matter how bad it may appear. Remember, it’s the power of the Holy Spirit that raised Jesus from the dead. So even seemingly dead situations, relationships, opportunities and much more can be revived by His help.

**Prayer:** Holy Spirit help me.

## Day 5

### Our Intercessor

“And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God’s own will.” Romans 8:26-27

One of the assignments of the Holy Spirit is to keep us aligned with the will of God. His role is vital because without Him we may be praying consistently and fervently for something that doesn’t align with what God wants for us at the time. It’s also a possibility that when we’re praying we’re not be addressing the key areas we should focus on. When we let the Holy Spirit lead us in prayer, He knows how to connect us to God’s will and at the same time go to the root and address any issues or challenges we may be facing or create the opportunities we need.

“Then I will pour out a spirit of grace and prayer on the family of David and on the people of Jerusalem...” Zechariah 12:10

“For he who speaks in a tongue does not speak to men but to God, for no one understands him; however, in the spirit he speaks mysteries.” I Corinthians 14:2

The Holy Spirit gives us accuracy in prayer. Life is spiritual and there are many mysteries we don’t have the capacity to comprehend in our own understanding. But when we speak in the language of the Holy Spirit, we’re allowing Him to dictate the content of our prayer. Because He knows God’s will for us in the present and future, the Holy Spirit intercedes for us in prayer in a way that guarantees there’s no misalignment or miscommunication as the He pleads for us in harmony with God’s will. So while it’s good to have prayer points, it’s also important to allow the Holy Spirit take the lead in determining what we pray about.

**Prayer:** Holy Spirit I acknowledge that I don’t know what to pray for and ask that You lead me in prayer today so I pray in alignment with the will of God. Let the grace to pray rest on me and enable me to speak mysteries that will impact me and all that You’ve put in my care

## Day 6

### Our Power Source

“And now I will send the Holy Spirit, just as my Father promised. But stay here in the city until the Holy Spirit comes and fills you with power from heaven.” Luke 24:49

Jesus knew He couldn't leave us without ensuring we have the power needed to complete our assignment of being His witnesses and doing the greater works which He said we will do. He knew His power source and has made that same source available to us so we live victoriously in every area.

“But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.” Acts 1:8

We need power to be effective as witnesses for Jesus. As we share the truth about Jesus and God's kingdom we will come against different kinds of opposition because in essence we are working with God to lull people away from the kingdom of darkness into the kingdom of light. The enemy will not give up without a fight and Jesus knew that unless we work in the power from the Holy Spirit we could become overwhelmed and discouraged.

“But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.” 1 John 4:4

With the Holy Spirit we have the power to overcome any wiles of the enemy because the Spirit we carry is greater than the any in the world. This is important because when this becomes a revelation, action to us fear will lose its grip on our lives and we will function with the boldness and audacity required to advance God's kingdom.

Whatever it is we need to do, the Holy Spirit's power makes it available to us but the key to accessing this power is remaining in constant fellowship with Him because being filled with His power is not a one off affair. Rather we need a fresh supply of the Holy Spirit's power and presence in our lives on a daily basis. So today let's ask for a fresh infilling.

**Prayer:** Holy Spirit I ask that You fill me afresh today, strengthen me wherever I am weak, give me the power I need to fulfil my assignment so that my life brings Jesus glory.



## Day 7

### Resurrects Hopeless Situations

“The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.” Romans 8:11

The Holy Spirit in us is the same one that raised Jesus from the dead, which means He carries the power to resurrect. Resurrection isn't limited to people alone, it could be relationships, dreams, assignments, opportunities, He can bring anything dead back to life in line with the will of God.

“The earth was formless and empty, and darkness covered the deep waters. And the Spirit of God was hovering over the surface of the waters. Then God said, “Let there be light,” and there was light.” Genesis 1:2-3

The presence of the Holy Spirit carries life giving power. In the account of creation we see that when the earth was in a bad state, the Spirit of God hovered over the surface of the waters and then God spoke creation into being. So life can come out of dark situations that seem to defy all norms. We see the Holy Spirit at work again in Ezekiel's encounter.

“The Lord took hold of me, and I was carried away by the Spirit of the Lord to a valley filled with bones... Then he said to me, “Speak a prophetic message to these bones and say, ‘Dry bones, listen to the word of the Lord!’” Ezekiel 37:1, 4

The valley of dry bones represented an impossible situation: it wasn't just dead people, but very dry bones which means they had been dead for such a long time there was no hope in sight. But in spite of the seeming hopelessness the Lord told Ezekiel to speak to the bones, which he did in succession. God used this as a way to teach us how to resurrect dead things in and around us. Ezekiel's words weren't “empty”, he spoke by the power of the Spirit of God.

When we carry the Holy Spirit and allow Him to brood over a situation (meaning we bring it before Him and allow Him to take charge) then He leads us into the next set of instructions and powers the actions to take to address the situation. Are you facing a seemingly hopeless situation? Bring it to the Holy Spirit and let Him fill it with His resurrection power.

**Prayer:** Holy Spirit I bring this situation before you (mention the specifics) and ask You to brood over it. Lead me in the direction to go and the steps to take so Your resurrection power can bring life back into this.

## Day 8 Increases our Spiritual Perception

“For God may speak in one way, or in another, Yet man does not perceive it.” Job 33:14

Without the help of the Holy Spirit we will rely only on our physical senses, meanwhile the Lord's desire is that we function using our spiritual faculties. He gave us the ability to see and hear through our spirit so we can always discern what He's saying or doing. Our ability to use our spiritual senses also helps us know what's really going on in the spiritual realm so we're not distracted or focusing on symptoms rather than addressing root causes.

‘And He said, “Go, and tell this people: ‘Keep on hearing, but do not understand; Keep on seeing, but do not perceive.’” Isaiah 6:9

“The Sovereign Lord has given me a well-instructed tongue, to know the word that sustains the weary. He wakens me morning by morning, wakens my ear to listen like one being instructed.” Isaiah 50:4

The Lord is always providing guidance or direction but we will miss it if we lack what the Bible calls eyes that see and ears that hear. Without the Holy Spirit's help, we will live by trial and error and be very susceptible to deception. On the other hand, when we fellowship with the Holy Spirit He sharpens our capacity for understanding and perception so we can accurately represent Jesus and also have an advantage in life.

“But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.” Hebrews 5:14

The same way we must exercise our bodies in order to stay healthy there's also a need to exercise ourselves in the things of the spirit so we can grow in understanding and perception. Committing to consistency in spiritual disciplines helps us grow, but even as we plan to be consistent we need the Holy Spirit to help us so we don't get caught up in activity without actually connecting with Him.

**Prayer:** Holy Spirit please help me grow in understanding and perception so I'm always attuned and aligned with You

## Day 9 Freedom from Confusion

“I will instruct you and teach you in the way you should go; I will guide you with My eye.” Psalms 32:8

Various studies say the average person makes over 30,000 decisions daily, from the routine to the significant. This means we take a lot of actions subconsciously but each decision is the result of the information we have available to us and our expected objective. Consequently things can get very confusing if we don't have the information we need or aren't totally clear on the objective we should be focusing on.

“Through wisdom a house is built, And by understanding it is established” Proverbs 24:3

“And the Spirit of the Lord will rest on him— the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord.” Isaiah 11:2

There are always multiple choices before us and our lives are a result of the choices we take. The Holy Spirit is the spirit of wisdom so He fills us with the wisdom necessary for each situation so we can build our lives, our walk with Him, families, careers, etc. The wisdom He provides is based on God's best for us and His objective is always eternity focused. Which is why His instructions may not always seem to align with what we want to do at the time. But from an eternal perspective it's the best option.

“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!” Isaiah 26:3

As the world becomes increasingly volatile, our ability to discern the best choice to make becomes increasingly more important because what worked yesterday may not work today as circumstances may have change significantly in a very short period. Yet in the midst of the dynamism, the Holy Spirit keeps us in perfect peace because our decisions aren't borne out of fear or anxiety, but based on trusting God's perfect will for us.

**Prayer:** Lord fill me with Your wisdom so that You alone inspire the choices I make and determine the path that I follow

## Day 10

### Giver of Special Abilities

“But the manifestation of the Spirit is given to each one for the profit of all: for to one is given the word of wisdom through the Spirit, to another the word of knowledge through the same Spirit, to another faith by the same Spirit, to another gifts of healings by the same Spirit, to another the working of miracles, to another prophecy, to another discerning of spirits, to another different kinds of tongues, to another the interpretation of tongues. But one and the same Spirit works all these things, distributing to each one individually as He wills.” I Corinthians 12:7-11

One of the benefits we have as believers is access to the gifts of the Holy Spirit. These gifts are given to us for two primary reasons: to build up the body of Christ and to draw unbelievers to Him. The Holy Spirit knows that times will come when a believer needs to demonstrate His power so He gifts us with supernatural abilities to enable us do so. The important thing for us to note is that there are a variety of gifts and the Holy Spirit gives them as He chooses.

The scripture above identifies 9 gifts, but this doesn't mean the Holy Spirit is limited to these alone. The word of wisdom is the supernatural direction for a given situation so we respond accurately. The word of knowledge is the supernatural ability to know what's going on with a person, event or situation. The discerning of spirits is the supernatural ability to see into the spiritual realm and understand what's really going on behind the scenes. The gift of faith speaks to faith for the impossible, and goes hand in hand with working of miracles and gifts of healings. Diverse tongues means the supernatural ability to speak a language you weren't taught and the gift of interpretation is the ability to interpret that language. The gift of prophecy speaks of the supernatural ability to speak what's on God's mind and also the supernatural ability to see into the future.

“And now abide faith, hope, love, these three; but the greatest of these is love” I Corinthians 13:13

The fundamental reason the Holy Spirit gives us the gifts above and any other He chooses is love. Love for the world so our ability to manifest these gift draws unbelievers to Christ. Love for believers so we're continually being built up in the love of Christ and in service to one another.

**Prayer:** Holy Spirit please help me identify the gifts You've given me and help me maximise them to the glory of Your name

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